

Safe Journey's Groups for Women and Children

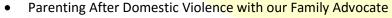


The mission of Safe Journey is to enhance empowerment, self-direction, safety and justice for women and their children who are victims of domestic violence, by providing free confidential support services and offering education and information to the public.

We provide counseling & support as well as being a shelter if needed.

Monday 10:00 Domestic Violence Survivor Group 1:00 **Empowerment- A Healthy Life** 1:00 Women of Faith/Women Of Worth @ the Corry Library Tuesday 10:00 **Domestic Violence Survivor Group** 1:00 **Financial Empowerment** Wednesday 10:00 Domestic Violence Survivor Group 1:00 Crossing the Bridge (Self Esteem & Relationships) **Thursday** 10:00 **Domestic Violence Survivor Group** 10:00 Coffee with Robin (Self-Discovery) Union City 10:00 Women are Worthy (Empowerment) @ Country Foodsin Corry 1:00 Voices (Self-Discovery and Empowerment) **Friday** 9:00 **Corry Counseling Groups by Appointment**

Women's Support Groups



Domestic Violence Survivor Group

Trauma /Post-Traumatic Stress

Also we have a number of other resources we can

Many of our groups can be done 1 on 1 if preferred

do 1 on 1 or in a group setting.

10:00

1:00

Teen Support Groups

Monday 6:00 PM Aspiring Youth (for teen girls) @ The Corry Community Center

Also we have a number of other resources we can do 1 on 1 or in a group setting. We also work within many of the local school districts.

- **Teen Dating Violence**
- Safe Dates
- Voices (Teen Empowerment)

Children/ Kids Groups

10:00 Children's Support Group. We also provide these groups:

- Hands & Words Are Not For Hurting
- **Bullying/Strong Kids Club**
- Girl Power

Family Activity Center-our Family Advocate is here to help strengthen the bonds between mother and child

We're here to listen. Reach our trained advocates 24/7 by phone @ 814-438-2675 to get the support you deserve.

There are no fees and no judgement. We are here to help!



hope... belief... peace... freedom... love... joy...divine relationships... abundance... balance... wellness... change... happiness... life's journey... health...







